



<i>Acknowledgments</i>	ix
<i>About the Author</i>	xi
<i>About the Reviewers</i>	xiii
<i>Introduction</i>	xv
<i>Part One: Green Home Improvement Projects</i>	1
<i>Green Flooring, Walls, Countertops & Cabinets</i>	
1. Cork Flooring	3
2. Bamboo Flooring	7
3. Reclaimed Wood Flooring	11
4. All-Natural Linoleum Flooring	14
5. Laminate Flooring	17
6. Recycled-Content Tile	20
7. Recycled-Content Carpet	24
8. All-Natural Wool Carpet	27
9. Healthy Paints, Stains & Finishes	30
10. Green Cabinetry	36
<i>Heating & Cooling Your Home Efficiently</i>	
11. Home Energy Audit	40
12. Caulking & Weather Stripping	46
13. Insulating Your Home	53

14. Insulate While You Paint.....	60
15. Programmable Thermostat.....	63
16. Insulated Shades & Curtains.....	66
17. Solar Hot-Air Collector	71
18. Energy-Efficient Furnace	76
19. Energy-Efficient Boiler	81
20. Heat Pump & Solar Hot Water	85
21. Wood Stove.....	89
22. Pellet Stove	94
23. Fireplace Insert	98
24. Radiant Barrier	101
25. High-Efficiency Cooling Systems	106
26. Ceiling & Solar Attic Fans.....	112
27. Whole-House Fan.....	119
28. Radon Test & Mitigation.....	122
29. Energy-Recovery Ventilator	127

Conserving Water

30. Flushing Your Water Heater	131
31. Water Heater Blanket & Pipe Insulation.....	135
32. Adjusting Water Heater Temperature	139
33. Water Heater Anode Rod Replacement	142
34. Tankless Water Heater	146
35. Solar Hot-Water System	151
36. Faucet Aerators	156
37. Water-Efficient Showerheads	159
38. Water-Efficient Toilets.....	162

Cutting Electrical Usage

39. Eliminating Phantom Loads	167
40. Energy-Efficient Lighting.....	171
41. Energy-Efficient Appliances & Electronics	176
42. Solar Electricity	180

43. Purchasing Green Power.....	185
44. Timers & Motion Sensor Light Switches	189
<i>Green Roofs, Siding, Doors & Windows</i>	
45. Tubular Skylights	194
46. Environmentally Friendly Roofing.....	198
47. Fiber-Cement Siding	202
48. Repairing Broken Windows	206
49. Storm Windows	209
50. Energy-Efficient Windows	213
51. Storm Doors	218
52. Door Sweeps	221
53. Gutters & Downspouts.....	223
54. Grading & Drainage	227
<i>Green Paving, Landscaping & Pools</i>	
55. Green Patios, Walkways & Driveways.....	232
56. Composite Decks & Porches.....	236
57. Recycled Plastic/Composite Fencing	240
58. Outdoor Solar Lighting	244
59. Composting	248
60. Infiltration Basins for Trees & Shrubs	253
61. Rainwater Collection Barrels	256
62. Energy-Efficient Landscaping.....	261
63. Drip Irrigation System.....	266
64. Rain & Soil Moisture Sensors	271
65. Solar Pool Heater & Cover	275
<i>Part Two: Building a New Green Home</i>	279
<i>Part Three: Appendix</i>	285
Safety Tips	287
Glossary	289
Resource Guide	294
Index.....	299